

Thameside Primary School

Week 1

Monday

Cheese & ham pizza served with potato wedges, garden peas or sweetcorn

Vegetarian: Cheese & tomato pizza

Homemade flapjack

Tuesday

Beef nachos with garlic bread, carrots and beans

Vegetarian: Cheese nachos with tomato salsa

Blueberry muffins

Wednesday

Roast turkey served with stuffing, roast potatoes, Yorkshire pudding, fresh seasonal vegetables and gravy

Vegetarian: Cauliflower pasta cheese bake

Apple crumble

Thursday

Sausage in a hot dog roll with tomato sauce, herby diced potatoes, coleslaw or baked beans

Vegetarian: Quorn sausage

Cheese & crackers

Friday

Fillet of fish burger served with chips, baked beans or peas

Vegetarian: Vegetarian burger

Jelly, fruit & ice cream

Week 2

Monday

100% Chicken Nuggets with tomato sauce, croquette potatoes, garden peas or sweetcorn

Vegetarian: Vegetable nuggets

Chocolate topped shortbread

Tuesday

Chicken & ham pasta bake served with garlic bread, carrots or broccoli

Vegetarian: Cheese & tomato pasta bake

Iced sponge bake

Wednesday

Gammon steak served with roast potatoes, Yorkshire pudding, fresh seasonal vegetables and gravy

Vegetarian: Quorn fillet

Lemon drizzle cake

Thursday

Savoury mince pie served with creamed potatoes, garden peas and cabbage

Vegetarian: Macaroni cheese

Chocolate muffin

Friday

Battercrisp fish served with chips, baked beans and peas

Vegetarian: Vegetarian sausage roll

Arctic roll

Week 3

Monday

Spaghetti bolognese served with garlic bread, garden peas and sweetcorn

Vegetarian: Vegetable bake

Iced bun

Tuesday

Butcher's sausages with potato wedges, carrots and green beans

Vegetarian: Quorn sausage

Jam & coconut sponge

Wednesday

Chicken breast served with roast potatoes, Yorkshire pudding, fresh seasonal vegetables and gravy

Vegetarian: Quorn fillet

Syrup sponge

Thursday

Chicken curry with rice and naan bread

Vegetarian: Quorn curry

Lemon shortbread

Friday

Breaded fish goujons served with chips, baked beans or peas

Vegetarian: Vegetable nuggets

Jelly, fruit & ice cream

Thameside Primary School

Week 1

04/11/19

25/11/19

16/12/19

20/01/20

10/02/20

09/03/20

30/02/20

Week 2

02/11/19

06/01/20

27/01/20

24/02/20

01/03/20

Week 3

18/11/19

09/12/19

13/01/20

03/02/20

02/03/20

23/03/20